

Life Time Breaks Ground on Athletic Lifestyle Resort in Lake Zurich as Part of Three Planned Destinations in Chicagoland

Set to open in late 2020, the 170,000 square foot club will join Oakbrook and One Chicago as Life Time expands footprint to 13 destinations in Illinois

Chicago, IL (July 2, 2019) - [Life Time](#), the premier healthy lifestyle brand, today broke ground on its newest planned destination in Chicagoland in the Village of Lake Zurich. The groundbreaking took place on the 10-acre property at 400 North Rand Road and marks the start of construction on the project, set for completion in later 2020. It's the second of three planned new Life Time locations in addition to Oakbrook Mall and One Chicago, the massive new River North project planned with JDL. It also follows the November 2018 opening of Life Time Northbrook. Upon completion of all three projects, Life Time's presence will grow to 13 destinations in the market.

Lake Zurich Mayor Tom Poynton and several Village representatives were on hand for the event, which followed the unanimous approval of the project in May 2018. The 125,000 square foot building and 46,000 square foot outdoor pool and bistro will bring a new country club-style, family recreation, spa and athletic resort to the Village.

Featuring world-class amenities and signature programs for an elevated health and wellness experience for members of all ages, Life Time works to individualize each club's offerings to best fit the interests of the community with full-service healthy living experiences inside and outside of the club for everyone from 3 months to the most seasoned adults.

"We're excited to reach this important milestone today with Mayor Poynton and the Village team," said Aaron Koehler, senior director real estate and development for Life Time. "The community discussion and input from Lake Zurich residents and village staff were important in getting us to today, and we look forward to bringing our Healthy Way of Life athletic resort to serve this beautiful community, while also generating economic growth and nearly 300 new jobs once open."

As the development continues, a Preview Center is expected to open in mid-2020 and will offer a comprehensive showcase of the new club and its many amenities. Until then, those interested in joining a Wait List can do so at <https://www.lifetime.life/join/presale/lake-zurich.html>. Existing Life Time locations in Chicagoland include Algonquin, Bloomingdale, Burr Ridge, Northbrook, Old Orchard, Orland Park, Romeoville, Schaumburg, Vernon Hills and Warrenville.

About Life Time® - Healthy Way of Life

Life Time champions a healthy and happy life for its members across 143 destinations in 39 major markets in the U.S. and Canada. As the nation's only Healthy Way of Life brand, Life Time delivers an unmatched athletic resort experience and provides a comprehensive healthy living, healthy aging and healthy entertainment experience that goes well beyond fitness to encompasses the entire spectrum of daily life for individuals, couples and families of all ages.

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