

October 12 Marks Grand Opening of Houston's Premier Tennis and Athletic Club

Life Time Tennis and Athletic Galleria offers world-class tennis, racquetball and personal training and high-touch experience and amenities

HOUSTON and CHANHASSEN, Minn., Oct. 12, 2017 /[PRNewswire](#)/ -- Life Time®, the nation's only Healthy Way of Life brand, today announced the grand opening of Life Time Tennis and Athletic Galleria. Formerly Galleria Tennis & Athletic Club, Life Time began operating the destination in April 2017.

The luxuriously renovated club features nine indoor courts with the most sought-after tennis pros and most innovative programming in the country. As well, Life Time Tennis and Athletic Galleria boasts many of the amenities found at most Life Time premier destinations including a 5,000-square foot training floor with cardio and strength-based cutting-edge equipment, three racquetball courts, Life Shop pro shop, Switchover Bar and Grill and luxurious dressing rooms.

"We recognize the rich history of tennis at The Galleria and are excited to continue serving the community here and at our other healthy lifestyle resorts in Houston," said Jeff Zwiefel, Life Time chief operating officer. "We're thrilled to be expanding our Life Time portfolio with Simon Property Group, and honored to bring our world-class Life Time Tennis experience to former and new members alike."

Led by long-time Galleria tennis pro Teddy Diblasi, the programming at Life Time Tennis and Athletic will continue growing the sport of tennis across generations while making the process of learning and playing tennis easier. From highly ranked tournament players to adults and kids just learning, the nine courts will be home to lessons, leagues, mixers and drills.

As the largest operator of indoor tennis facilities in the United States, Life Time features more than 300 indoor and outdoor courts, two USTA Regional Training centers (Atlanta and Minneapolis), a full-time Tennis Academy and more than 250 certified tennis instructors. Life Time Tennis and Athletic Galleria joins six current Houston-area destinations with more to come in 2018. The club is open seven days a week. For more information visit, lifetime.life/Galleria.

About Life Time®—Healthy Way of Life

Life Time champions a healthy and happy life for its members across 128 destinations in 36 major markets in the U.S. and Canada. As the nation's only Healthy Way of Life brand, Life Time delivers an unmatched athletic resort experience and provides a comprehensive healthy living, healthy aging and healthy entertainment experience that goes well beyond fitness to encompasses the entire spectrum of daily life for individuals, couples and families of all ages. For more information visit www.lifetime.life.

SOURCE Life Time

For further information: Natalie Bushaw / Life Time / 952.229.7007 / nbushaw@lt.life; Ashley Pearce / Dancie Perugini Ware Public Relations / 713.224.9115 / ashley@dpwpr.com
