

AMC Theatres® Joins Life Time Fitness Member Advantage Program

Program Provides Exclusive Discounts to Life Time Fitness Members

CHANHASSEN, Minn.--(BUSINESS WIRE)--CHANHASSEN, Minn.--(BUSINESS WIRE)--Life Time Fitness, Inc. (NYSE: LTM) today announced that AMC Theatres (AMC) has joined the growing list of partners who provide valuable monthly discounts to Life Time Fitness members as part of the Company's Member Advantage program.

Member Advantage is a program designed to help members save money on products and services they already buy, extending the many benefits of a Life Time membership. The program provides members with discounts at retailers, hotels, restaurants, entertainment venues, and more from carefully selected national and local partners.

Under the agreement, Life Time members can purchase two or more movie tickets for only \$7.50 each, saving 25-35 percent off AMC box office ticket prices. Life Time Fitness members may easily and conveniently purchase their tickets via the Member Advantage section at myLT.com, a website dedicated just for Life Time members.

For more information about the AMC Members Advantage offer or the Member Advantage program, please visit lifetimefitness.mylt.com/memberadvantage.jspa.

About Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE: LTM) is a healthy way of life company based in Chanhassen, Minnesota. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time Fitness designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of August 27, 2010, the Company operated 90 centers in 19 states and 24 markets. Additional information about Life Time Fitness centers, programs and services is available at lifetimefitness.com.

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