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Life Time Fitness Announces Date For Release Of Second Quarter 2010 Financial Results

CHANHASSEN, Minn.--([BUSINESS WIRE](#))--Life Time Fitness, Inc. (NYSE: LTM) today announced that the Company is scheduled to release its second quarter 2010 financial results on Thursday, July 22, 2010. A conference call to discuss the results will be held at 10:00 a.m. EDT.

Bahram Akradi, chairman, president and chief executive officer, Michael Robinson, executive vice president and chief financial officer, and Kenneth Cooper, vice president of finance, will host the call.

The conference call will be webcast live and may be accessed via the Company's Investor Relations section of its website at lifetimefitness.com. A replay of the call will be available beginning at approximately 1:00 p.m. EDT on July 22, 2010.

About Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE: LTM) is a healthy way of life company based in Chanhassen, Minnesota. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time Fitness designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of July 15, 2010, the Company operated 89 centers in 19 states and 24 markets. Additional information about Life Time Fitness centers, programs and services is available at lifetimefitness.com.

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