

Zahtar By Fhima Grand Opening Set For January 14

Complimentary Food and Wine Sampling to be Held from 7:00 p.m. to 9:00 p.m.

([BUSINESS WIRE](#))--Life Time Fitness, Inc. (NYSE:LTM):

WHAT: Grand Opening and Complimentary Food and Wine Sampling

WHERE: Zahtar by Fhima

Eden Prairie Life Time Athletic
755 Prairie Center Drive
Eden Prairie, MN 55344
Ph. 952-829-9484

WHEN: January 14, 2007

7:00 p.m. to 9:00 p.m.

WHY: In celebration of the Grand Opening of Zahtar by Fhima, a complimentary food and wine pairing will take place, offering guests a sampling of the restaurant's healthy Mediterranean-inspired fare, including Pomegrenade short ribs, lobster bisque, sushi rolls, sashimi and epicurean sandwiches, along with a range of award-winning wines. Sushi and cooking demonstrations also will be featured. Additionally, the event will highlight the sounds of **Touareg**, a sensational eight-piece band that features a fusion of traditional African music and modern Rai.

Zahtar by Fhima boasts an elegant setting with contemporary decor along with a menu personally created by award-winning chef, David Fhima, including a wide range of healthy, culinary delights, complemented by impeccable service.

About Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE:LTM) operates distinctive and large sports and athletic, professional fitness, family recreation and resort/spa centers. As of January 11, 2008 the Company operated 71 centers in 15 states, including Arizona, Florida, Georgia, Illinois, Indiana, Kansas, Maryland, Michigan, Minnesota, Nebraska, North Carolina, Ohio, Texas, Utah and Virginia. The Company also operated one satellite facility and four preview locations in existing and new markets.

Life Time Fitness also provides consumers with personal training consultation, full-service spas and cafes, corporate wellness programs, health and nutrition education, the healthy lifestyle magazine, Experience Life, athletic events, and nutritional products and supplements. Life Time Fitness is headquartered in Chanhassen, Minnesota (www.lifetimefitness.com).

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